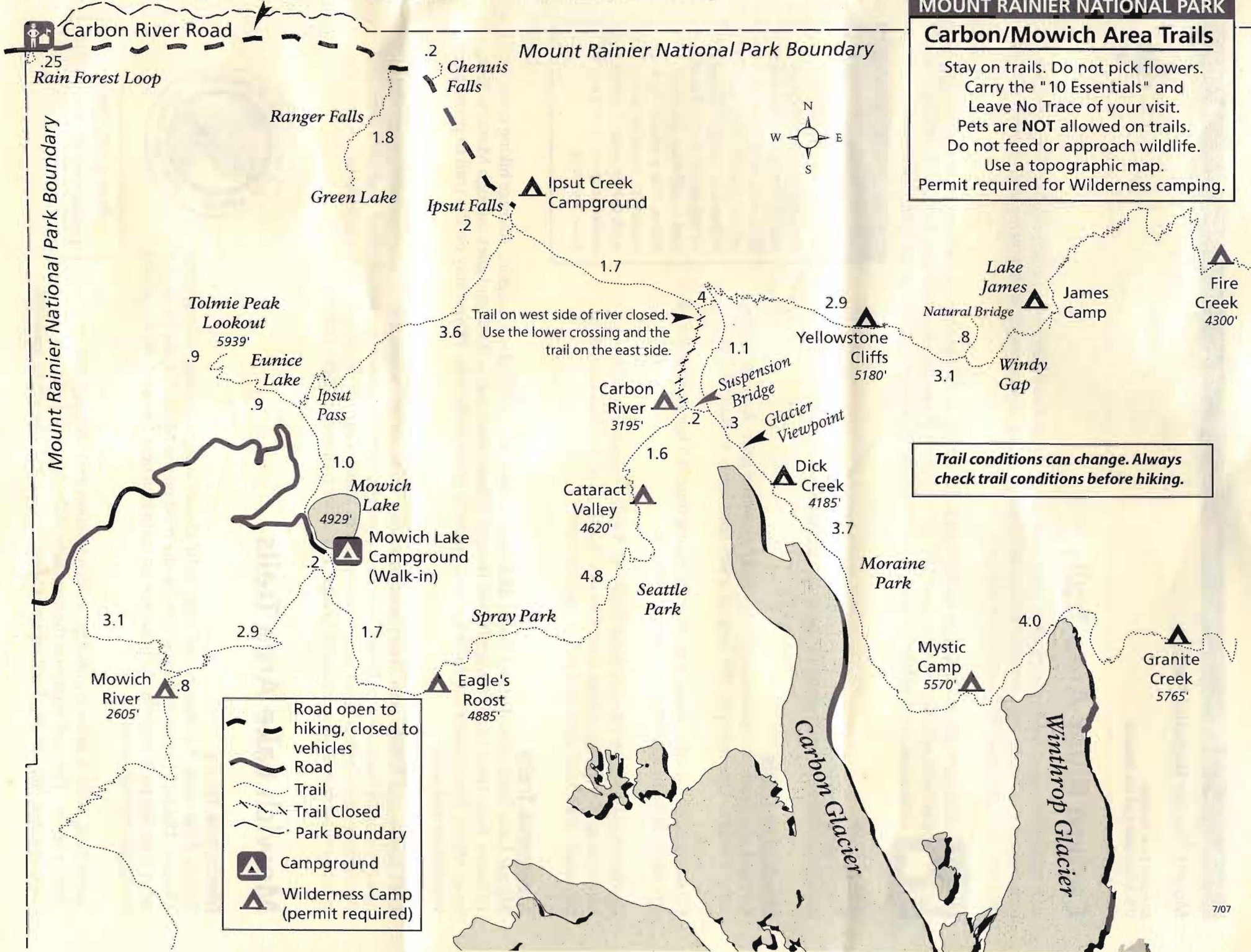


Carbon River Road closed to vehicles .5 mile east of entrance, open to hiking.

**MOUNT RAINIER NATIONAL PARK**

**Carbon/Mowich Area Trails**

Stay on trails. Do not pick flowers.  
 Carry the "10 Essentials" and  
 Leave No Trace of your visit.  
 Pets are **NOT** allowed on trails.  
 Do not feed or approach wildlife.  
 Use a topographic map.  
 Permit required for Wilderness camping.



Trail on west side of river closed. Use the lower crossing and the trail on the east side.

**Trail conditions can change. Always check trail conditions before hiking.**

- Road open to hiking, closed to vehicles
- Road
- Trail
- Trail Closed
- Park Boundary
- Campground
- Wilderness Camp (permit required)

## Mount Rainier National Park

National Park Service  
U.S. Department of the Interior



# Carbon River Area Trails

*As a result of a major flood in November 2006, the Carbon River Road is closed to vehicle traffic 0.5 mile past the ranger station. Bicycles are permitted on the road to Ipsut Creek Campground but not on the trails from that point forward. Pets are prohibited beyond the entrance.*



All trails begin 0.5 mile after the Carbon Ranger Station (hiking times and distances are round-trip). The five miles of former road to Ipsut Creek Campground is included in the hiking mileage. Be prepared to cross washouts and hike around and over debris. Wear sturdy shoes and carry the ten essentials.

### Easy Trail

**Rain Forest Loop Trail.** 0.25 mile loop. Discover nurse logs and other rainforest characteristics along the 0.25 mile self guided loop trail.

### Moderate Trails

**Green Lake Trail.** 9.6 miles round-trip. 1000' elevation gain. Average hiking time: 5 hours. One mile past the turn off a side spur leads to Ranger Falls.

**Chenuis Falls** 6.4 mile round-trip. Average hiking time: 4.5 hours Check trail condition first; the footlog is subject to wash out.

**Carbon Glacier Trail (Wonderland Trail).** 17.5 miles round-trip. 1200' elevation gain. Average hiking time: 8 hours. Sections of this trail have been rerouted. Watch for signs and yellow caution tape.

### Strenuous Trails

**Mystic Lake Trail (Wonderland Trail).** 25.8 miles round-trip. 3900' elevation gain. Average hiking time: 13 hours from Ipsut Creek Campground, the trail follows the Carbon River and goes through Moraine Park, up to Mystic Pass (Lower Curtis Ridge) and one mile down to the lake. **Please stay on the trail to protect the vegetation and soils.**

**Lake James and Windy Gap Trail (Northern Loop Trail).** 27 miles round-trip. 3450' elevation gain. Average hiking time: 14 hours. From Ipsut Creek Campground the trail follows the Wonderland Trail for 2 miles and then crosses the Carbon River and travels uphill to Windy Gap. At the top, the trail which forks towards the northwest leads to a unique natural bridge. The other trail goes to Lake James.

# Mowich Lake Area Trails

### Moderate Trails

**Tolmie Peak Trail** 5.6 miles round-trip. 1010' elevation gain. Average hiking time: 3 hours. The trail begins at the last bend in the road on the Mowich Lake Road, 5.5 miles from the park boundary. Please stay on main trail near Eunice Lake to protect the fragile environment.

**Spray Park Trail** 6 miles round-trip. 1300' elevation gain. Average hiking time: 4 hours. The trail begins on the west side of the Mowich Lake Campground. Take the 0.25 mile spur to Spray Falls, a 300' cascading waterfall.



Pets & bicycles are prohibited on park trails.